

# Transition - Life After College

Joanne Kingsbury-Elia - Principal

Jo Waite - Head of Learning and Support

Mel Brzonkalik - Transition Support Team  
Manager

James Groves - Lead Transition Officer



**National Star**

Realising the aspirations  
of people with disabilities



# The Role & Responsibilities of the PLC & PLCT

- All students at college have a Personalised Learning Co-ordinator (PLC) and for some students the PLC is also their lead tutor (PLCT)
- The PLC and the PLCT will be your point of contact at college in regard to transition



# Optimising Goals & Aspirations

- Working with a multi-disciplinary team (MDT) to monitor goals and aspirations.
- Learner Voice.
- Working together.

# Collaborative Working

- How the PLC/PLCT can support collaborative working.
- PLC/PLC(T) will make referrals to our Transition Support Team and Job Coaches who can research potential living and occupation opportunities in areas identified.
- If you as parents have any questions or queries, we will be able to support where we can or signpost to who can help.

# Transition Support Team

- Who are the Transition Support Team?



➤ Mel Brzonkalik  
Transition  
Support Team  
Manager



➤ James Groves  
Lead Transition  
Officer



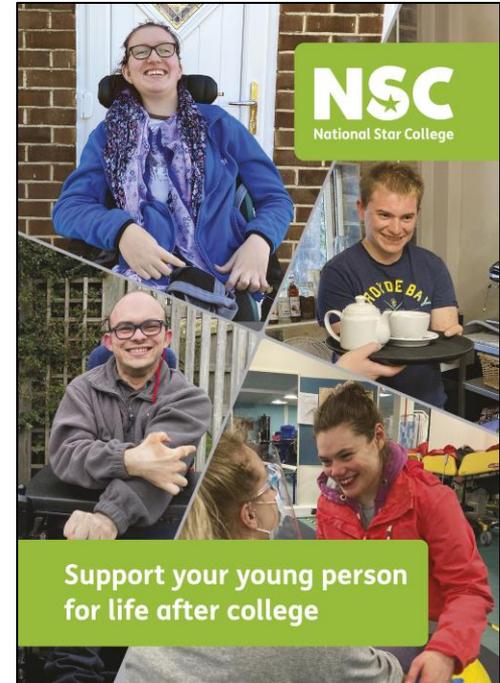
➤ Viv Wright  
Transition  
Officer

- What do we do?
- Resources we use that can help support you and your young person.

# Transition Support – Resources – Transition Guide Booklet

- Available as a digital download, an Issuu readable book or a hard copy booklet.
- We are currently working on a version 2 – this will include new sections on Benefits, Motability & Travel and Wills & Trusts.
- Version 2 will be emailed out to all families and carers by the end of term.

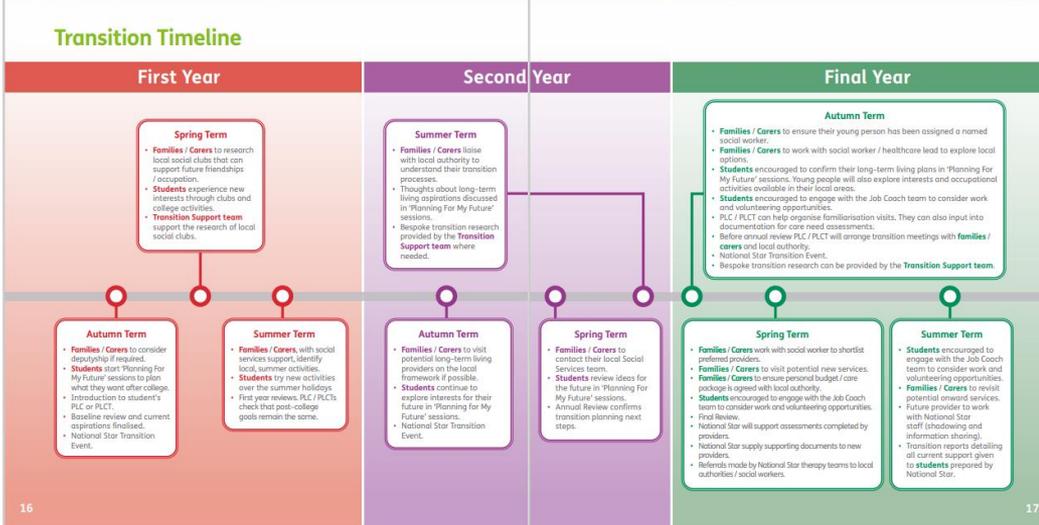
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# Transition Support – Resources – Transition Guide Booklet



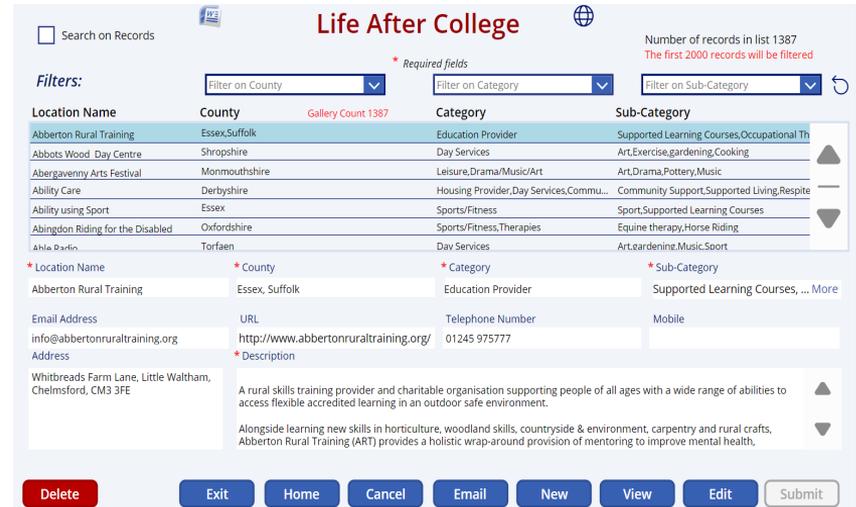
## Key Milestones



Version 2 of the Transition Guide booklet will be emailed out again to all families and carers by the end of term.

## Transition Support – Resources – Life After College power app

- The Life After College power app is National Star's internal database of housing, care, education, occupation and therapy providers for every county in the UK
- Not yet publicly accessible so contact your young person's PLC/T or Transition Support Officer to conduct a search



**Life After College**

Search on Records Number of records in list 1387  
The first 2000 records will be filtered

**Filters:** Filter on County Filter on Category Filter on Sub-Category

Location Name	County	Category	Sub-Category
Abberton Rural Training	Essex,Suffolk	Education Provider	Supported Learning Courses,Occupational Th
Abbots Wood Day Centre	Shropshire	Day Services	Art.Exercise.gardening.Cooking
Abergavenny Arts Festival	Monmouthshire	Leisure,Drama/Music/Art	Art,Drama,Pottery,Music
Ability Care	Derbyshire	Housing Provider,Day Services,Commu...	Community Support,Supported Living,Respite
Ability using Sport	Essex	Sports/Fitness	Sport,Supported Learning Courses
Abingdon Riding for the Disabled	Oxfordshire	Sports/Fitness,Therapies	Equine therapy,Horse Riding
Alma Berlin	Torfaen	Day Services	Art,Learninig,Music,Sport

**Abberton Rural Training**

**Location Name** Abberton Rural Training  
**County** Essex, Suffolk  
**Category** Education Provider  
**Sub-Category** Supported Learning Courses, ... More

**Email Address** info@abbertonruraltraining.org  
**URL** http://www.abbertonruraltraining.org/  
**Telephone Number** 01245 975777  
**Mobile**

**Address** Whitbread's Farm Lane, Little Waltham, Chelmsford, CM3 3FE  
**Description** A rural skills training provider and charitable organisation supporting people of all ages with a wide range of abilities to access flexible accredited learning in an outdoor safe environment.  
 Alongside learning new skills in horticulture, woodland skills, countryside & environment, carpentry and rural crafts, Abberton Rural Training (ART) provides a holistic wrap-around provision of mentoring to improve mental health.

**Buttons:** Delete, Exit, Home, Cancel, Email, New, View, Edit, Submit

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Ahle Radin	Torfaen	Day Services	Art.gardening.Music.Sport

*\* Location Name*      *\* County*      *\* Category*      *\* Sub-Category*

Abberton Rural Training	Essex, Suffolk	Education Provider	Supported Learning Courses, ... <a href="#">More</a>
Email Address	URL	Telephone Number	Mobile
info@abbertonruraltraining.org	http://www.abbertonruraltraining.org/	01245 975777	
Address	<i>* Description</i>		
Whitbreads Farm Lane, Little Waltham, Chelmsford, CM3 3FE	A rural skills training provider and charitable organisation supporting people of all ages with a wide range of abilities to access flexible accredited learning in an outdoor safe environment.		
	Alongside learning new skills in horticulture, woodland skills, countryside & environment, carpentry and rural crafts, Abberton Rural Training (ART) provides a holistic wrap-around provision of mentoring to improve mental health,		

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# Life After College



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Location Name	County	Category	Sub-Category
Accomplish (part of the Keys Group)	Bedfordshire, Bristol, Bridgend, Cardiff, Carmarthen...	Housing Provider, Therapies	Community Support, Home Care, Information,...
Aim Up	Gloucestershire	Care Provider, Housing Provider, Trainin...	Residential Living, Supported Living, Cooking, W...
Brandon Trust	Wiltshire, Bristol, Cornwall, Gloucestershire, Hamps...	Care Provider, Housing Provider, Day Se...	Residential Living, Supported Living, Agricultur...
Camphill Village Trust	West Midlands, North Yorkshire, Hertfordshire, Glo...	Housing Provider, Day Services	Agriculture, Animal Care, Art, Baking, Cafe, Cinen...
Choice Care Group	Berkshire, Buckinghamshire, Gloucestershire, Oxfo...	Care Provider, Housing Provider	Residential Living, Supported Living
Consensus Support	Gloucestershire, Caerphilly, Newport, Somerset, Car...	Care Provider, Housing Provider, Day Se...	Residential Living, Supported Living
Dimensions	Northumberland, North Yorkshire, South Yorkshir...	Advocacv, Care Provider, Community, Ho...	Community Support, Home Care, Residential L...

\* Location Name      \* County      \* Category      \* Sub-Category

Accomplish (part of the Keys Group)	Bedfordshire, Bristol, Bridgend, Ca... <a href="#">More</a>	Housing Provider, Therapies	Community Support, Home C... <a href="#">More</a>
Email Address	URL	Telephone Number	Mobile
info@accomplish-group.co.uk	www.accomplish-group.co.uk	0333 444 0075 or 0121 728 7800	
Address	* Description		
Maybrook House, Second Floor, Queensway, Halesowen, B63 4AH	Accomplish (under the Keys Group) are a specialist provider of support for over 1,000 people with Mental Health needs, Autism, Learning Disabilities and Acquired Brain Injuries. For over 30 years, their priority has been to enable people to live fun and fulfilled lives, across our therapeutic, residential and supported living services throughout England and Wales.		
	They are passionate about quality and specialise in supporting people to achieve their full potential. Through empathy,		

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Location Name	County	Category	Sub-Category
Guideposts at Stroud Communit Hub	Gloucestershire,Oxfordshire,Hertfordshire	Day Services	Art,Cooking,Music
HFT - Day Services	Warwickshire,Derbyshire,South Yorkshire,Bristol,...	Day Services,Therapies	Cooking,gardening,I.T skills,Dance,Rebound t
Jamats Activity Centre	Gloucestershire	Day Services,Social,Sports/Fitness	Art,Cooking,Sensory
Kingfisher Treasure Seekers - The Li...	Gloucestershire	Community,Day Services	Art,Cinema,Dance,Drama,Music
Milestones Trust	Somerset,Bristol,Gloucestershire	Care Provider,Housing Provider,Comm...	Residential Living,Supported Living,Art,Comm
Orchard Trust	Gloucestershire	Day Services,Therapies,Care Provider,H...	Gym,Rebound therapy,Swimming,Sensory,Wa
Paul's Place	Bristol,Gloucestershire,Somerset	Day Services,Care Provider,Drama/Mus...	Boccia,Sensory,Sport,Art,Drama,gardening,Le

* Location Name	* County	* Category	* Sub-Category
Aim Up	Gloucestershire	Care Provider, Housing Provider, T... <a href="#">More</a>	Residential Living, Supported ... <a href="#">More</a>

Email Address	URL	Telephone Number	Mobile
enquiries@aimup.co.uk	https://aimup.co.uk	01242 546960	

Address	* Description
Aim Up, Well Close House, Lansdown Parade, Cheltenham, Glos. GL50 2LH	Aim Up wants to empower the increasing number of adults impacted by disability, complex needs and mental health conditions, to live the life they want with the knowledge that their voices are being heard, understood and respected. They want all adults in Gloucestershire to work towards their aspirations and one day achieve them!  Services they provide are; supported living facilities, domiciliary care and an outreach service, which supports the integration of adults into the local community. All their services operate across Cheltenham and Gloucester and they also



Rachel Fisher:  
Job Coach Team Leader



Mike Youart:  
Senior Job Coach



Mel Cowie:  
Senior Job Coach



Alison Cochran



Maia Flenley



Darryl Powell



Tanya Nute



Emily Buckley



Will Hargreaves

# Work placements and the Job Coach Role

- Students across all pathways have access to volunteering and work placement opportunities.
- Students on our Work Outcomes and Personal Development, Skills for Work and Supported Internship programmes have an allocated Job Coach.
- We work with students to understand their work aspirations, & skills & qualities they wish to develop.
- We set up & support students on a range of work placements to develop independence, increase skills & prepare students for sustainable volunteering or paid employment when they leave college.
- We work with employers to set employability targets to continue our student's personal development.



# SfW/SI - Information for Parents: Student Experience



# Residential or Supported Living?

- Who can support you with this?
- How difficult is it to move to a different county?
- **Guest Speakers – Stellan Mensah & Abdul Latif from Seren Healthcare** – a provider delivering person-centred care at home & 24 hr supported living services in England & Wales



**Seren**  
Healthcare Solutions





# Supported Living

A new chapter begins

**Stellah Mensah**

Registered Manager and Nominated Individual  
And

**Abdul Latif**

Housing Consultant



# What we will cover:

Introduction to Seren Healthcare  
Solutions

Our Locations

Differences between Supported  
Living & Residential care

What to expect from our  
organisation

Q & A Session

# Who we are & what we stand for

Well-established family-owned business

Value-based organisation offering bespoke, specialist care services

Nurse-led service – Psychiatrist, MH Nurse, Gen trained Nurse & LD Nurse

Vision – Empowering independence. Enriching lives. Leading with Excellence

Mission – Helping people live their lives, their way with compassionate, person-led care

Ethos – Joyful care. Professional execution. Deep belief in people's potential

# What we offer and where?

Geographical Areas covered:

**England:** Gloucestershire, North  
Somerset & Devon

**Wales:** Newport, Vale of Glamorgan,  
Monmouthshire & Torfaen

# Geographical Areas in the pipeline (based on demand):

**England:** Surrey, Worcestershire,  
Staffordshire, Rochdale, Greater  
Manchester & Dorset

# Bespoke Property Solutions:

We work with investors, developers and landlords to source and provide properties to meet the specific needs of your loved ones.

# Supported Living vs Residential Care:



## Summary of Key Differences

Aspect	Residential Care	Supported Living
Accommodation	Provided as part of the care package	Separate tenancy or ownership
Control & Independence	Less individual control	Greater independence and choice
Regulation	Home and care regulated together by CQC/CIW	Care regulated separately from housing
Staff Presence	24-hour on-site staff	Varies based on individual need
Goal	Provide care and safety	Promote independence and community living

# What families and commissioners can expect from Seren Healthcare:

- Bespoke accommodation that is fully accessible
- 24/7 trained staff, including PBS champions & clinical leads
- Structured onboarding for each new resident
- Varied social activities both in-house & in the community
- A culture of warmth, laughter & dignity delivered by people who truly care
- An environment where we support people to flourish

## Sustaining independence:

- Transitions into the community, Work, education, volunteering transitions

- Build on natural support networks

- Family and peer engagement in care planning

- Digital tools to maintain routines

# Stories of impact

(testimonials will be included in the slides you receive):

MB: From ventilator → concert in London

ML: Transitioned to the adults team. No need for a qualified nurse, Daily showers → respite for parents – holidays, nights out, etc.

BW: Errands → Mum returns to work

AB: Hydrotherapy → sensory gains

AR: Transitioned from parents home, Mum is now Mum

PM: Transitioned from college, Parents now enjoy long holidays away

# Testimonial from X's Mum:



Dear X

Following college Seren Healthcare Solutions commenced supporting my son at home. It was clear the organisation, commitment of staff members and punctuality was second to none. It really was twenty-four-hour support, with no excuses or gaps in cover, the team working together with managerial support.

I was worried that my son would be unhappy as he left college life to be more independent. However, he has a varied routine which fits in with his health needs and attends suitable community activities supported by the team members. He is happy and enthusiastic; Seren staff are diligent with his care and work hard to encourage him in activities that he enjoys and can succeed in.

As a parent, I do not feel excluded as staff share information, we have regular discussions about the best way forward and always have my son's best interests in mind. I have started to plan holidays and activities without being concerned about the quality of his care.

I would encourage other parents to consider Seren Healthcare. Although initially it can be hard to step back, in my experience the partnership with care workers works well.

Seren Healthcare has been beneficial for my son in his supported living at home, and I would recommend them.

The staff that I have encountered over the past two years have had internal training, and some have been working on other qualifications to further their careers in healthcare.

Kind regards

X's mum

# Testimonial from A's Mum:

Dear X

Seren Care has been supporting my son for a number of years now. A lives in his own flat with 2-1 care day and night .

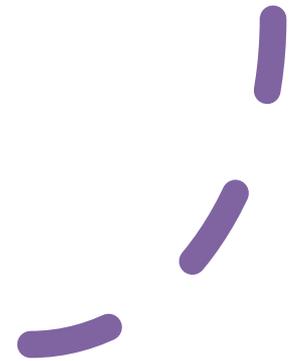
The team is very supportive and caring at all times. The team are trained in all forms of A's care . The team are very supportive with family, and communication is amazing.

A appears very happy and settled in his home thanks to his care team.

When A had a short stay in the hospital, the team went above and beyond with their support for A. The management is extremely approachable, should I require any assistance or guidance.

Regards

A's mum



## Conclusion:

At Seren Healthcare Solutions, people don't just stay – they grow

We care from the heart & we're ready to support people to flourish

We are happy to now answer your questions

# Seren Healthcare Solutions

## Contact information:

### **Stellah Mensah – Registered Manager**

**Email:** [stellah.mensah@serenhealthcaresolutions.co.uk](mailto:stellah.mensah@serenhealthcaresolutions.co.uk)

**Website:** [www.serenhealthcaresolutions.co.uk](http://www.serenhealthcaresolutions.co.uk)



## Transition Support – Resources – Events

- Life After College Transition Event: October every year (next one is Friday 24th October 2025)
- Online Family & Carer Forums: 6 times per year (different topics)
- Day Student Family Meet Ups in Star Bistro
- Festive Get Togethers at Ullenwood, Hereford & Mamhilad – **Dates TBC**



## Transition Support – Resources – Other

- National Star Website
  - The Families & Carers Zone:  
[www.nationalstar.org/sharing-knowledge/knowledge-hub/the-parent-zone/](http://www.nationalstar.org/sharing-knowledge/knowledge-hub/the-parent-zone/)
- National Star 'Life After College' Family & Carers Network (Facebook Group):  
[www.facebook.com/groups/3089681621340089](http://www.facebook.com/groups/3089681621340089)





Please add any questions to the Chat box and we will work our way through.

**Please refrain from disclosing any names or personal information.**

If you have any further queries outside of this Forum, please direct them to your young person's PLC or PLCT in the first instance or contact the Transition Support

Team on [team-transitions@nationalstar.org](mailto:team-transitions@nationalstar.org)

Thank you for listening