



# StarTraining

Developing professional excellence

## Moving and handling of people refresher training

### Keep Your Skills Sharp!

Our Moving and Handling Refresher Course is designed for professionals who have previously completed the full-day training on moving and handling of people. Whether it's to stay compliant with company policy or to refresh your knowledge, or to learn how to handle new risks, activities, or equipment that may arise in your work environment. This course is essential for maintaining high standards of care. In accordance with Skills for Care, it's advised to refresh your training at least every three years, especially if you haven't undertaken additional training within that period.

### Course Highlights

- **Interactive Learning:** Engage in hands-on practice and discussions.
- **Expert Instructors:** Learn from experienced professionals in the field.
- **Updated Training Material:** Stay informed about the latest practices and safety guidelines.

### Course Details

- **Cost per Delegate:**
  - £60 per person
- **Duration:** 9:30-13:00
- **Dress Code:** Delegates will be hoisting and will be hoisted during this session. Please wear appropriate clothing that protects dignity and safety, such as flat, closed-toe footwear and trousers or longer garments.

### Training Outcomes

By the end of this session, delegates will:

- **Reinforce Understanding of Risk Assessment Principles:** Refresh knowledge on risk assessment and its application in moving and handling scenarios.
- **Practice Safe Techniques:** Demonstrate and refine safe techniques for hoisting, bed management, assisted stands, and handling fallen clients.
- **Review Risk Reduction Strategies:** Understand updated methods to reduce risks and enhance safety for both clients and caregivers.
- **Reacquaint with Equipment Usage:** Prepare to safely and effectively use appropriate equipment in moving and handling tasks.