



# StarTraining

Developing professional excellence

## Safeguarding Adults Training

Join our comprehensive **Safeguarding Adults Training Course**, available both online and in-person at Cheltenham or at your workplace. This engaging 3-hour course is designed to equip participants with essential knowledge and skills in safeguarding principles and professional boundaries.

### Course Highlights:

- Target Audience: Suitable for all staff involved in supporting adults.
- Dual Delivery Options: Attend our open courses at National Star or opt for a bespoke package tailored to your workplace, ensuring alignment with your specific policies and procedures.
- Length of course: 3 hours

### Course Details

- Cost per Delegate:
  - £75 per person
  - Bespoke sessions available at Ullenwood or your workplace - Contact [startraining@nationalstar.org](mailto:startraining@nationalstar.org)
- Duration: 3 hours
- Recommended refresher training: every 3 years

### Learning Outcomes:

#### By the end of this course, participants will:

- Understand how to identify adults in need of safeguarding support.
- Recognise their legal responsibilities under relevant safeguarding legislation.
- Comprehend the principles of the Mental Capacity Act, including decision-making support and best interest considerations.
- Identify different types of abuse and neglect.
- Learn steps to minimize risks of abuse or neglect.
- Know how to respond to safeguarding disclosures and maintain accurate records.
- Understand the roles of statutory bodies and the referral process.

### Key Topics Covered:

- The six principles of safeguarding.
- Strategies to minimize the risk of abuse.
- Importance of record-keeping and whistleblowing.
- Discussion on Deprivation of Liberty Safeguards (DoLS).

Enhance your staff's ability to act in the best interest of those they support, respect individual choices, and advocate effectively. Sign up today to ensure a safer environment for all adults in your care!