



StarTraining

Developing professional excellence

Governance and Regulation

Governance in the adult social care sector is vital to ensure the delivery of high-quality and safe services by establishing clear standards, ethical guidelines, and accountability mechanisms. This module will cover the importance of Governance and why managers and individuals aspiring to be managers need to have a good understanding of Governance and Regulations within the adult social care sector.

Course Details:

Target Audience: Managers, deputy managers, team leaders, nominated individuals and professionals involved in service development, quality assurance, or operational oversight.

Delivery Format: Attend an open course at National Star **or** Book a bespoke workshop delivered at your workplace. Sessions can be tailored to your organisation's governance structure, business needs, or strategic priorities

Length of Course: 6 hours in person
4 hours online

Learning Outcomes

By the end of this course, participants will:

- Understand the foundations of governance within adult social care
- Recognise how regulation, legislation, and compliance shape business development
- Identify key organisational roles, accountability structures, and leadership expectations
- Analyse risks and apply basic governance tools (risk radar, audits, mapping exercises)
- Understand CQC's framework, Fundamental Standards, and inspection processes
- Apply statutory guidance, including Duty of Candour in practical scenarios
- Strengthen their strategic thinking and quality improvement approach
- Link leadership style and team culture to sustainable business growth
- Use case studies to explore real-world operational challenges

Why Choose This Course?

- Practical, interactive learning
- Real examples from adult social care settings
- Tools you can take back to your service
- Strengthens both compliance and growth mindset
- Builds leadership confidence and strategic awareness