



National Star

Realising the aspirations
of people with disabilities

Fitness suite availability for staff use 2014/15

	Monday	Tuesday	Wednesday	Thursday	Friday
7am – 8am	Staff Only	Staff Only	Staff Only	Staff Only	Staff Only
8am – 9am	Staff Only	Staff Only	Staff Only	Staff Only	Staff Only
9am – 10am	Staff Only	Not Available	Not Available	Staff Only	Not Available
	Not Available			Not Available	
10am – 11am	Not Available	Available	Not Available	Not Available	Not Available
11am – 12pm	Available	Available	Available	Available	Available
12pm – 1pm	Available	Available	Available	Available	Available
1pm – 2pm	Available	Available	Available	Available	Available
2pm – 3pm	Available	Available	Not Available	Available	Available
					Staff Only
3pm – 4pm	Available	Available	Available	Available	Staff Only
	Not Available				
4pm – 5pm	Not Available	Available	Staff Only	Available	Staff Only
	Available				
5pm – 6pm	Available	Available	Staff Only	Available	Staff Only
6pm – 7pm	Available	Available	Staff Only	Available	Staff Only
7pm – 10pm	Staff Only	Staff Only	Staff Only	Staff Only	Staff Only

Staff must have completed an induction and health questionnaire prior to using the fitness suite!