

Monday Tea	Tuesday Tea	Wednesday Tea	Thursday Tea	Friday Tea	Saturday Tea	Sunday Tea
<b>SOUP &amp; BREAD</b> Leek & Potato ** (V)(VG) Yellow Pepper & Rosemary ** (V)(VG) ADD Croutons (CG)	<b>SOUP &amp; BREAD</b> Minestrone ** (V)(VG) Roast Cauliflower ** (V)(VG) ADD Cheddar Croutons (CG)(D)	<b>SOUP &amp; BREAD</b> Carrot & Coriander ** (V)(VG) Pea & Mint ** (V)(VG) ADD Shredded Ham	<b>SOUP &amp; BREAD</b> Broccoli ** (V)(VG) Mexican Bean ** (V)(VG) ADD Crispy Tortilla Strips (CG)	<b>SOUP &amp; BREAD</b> Sweetcorn Chowder ** (V)(VG) Red Lentil ** (V)(VG) ADD Crispy Bacon Bits	<b>SOUP &amp; BREAD</b> Tomato & Basil ** (V)(VG) White Bean & Spinach ** (V)(VG) ADD Crispy Onions	<b>SOUP &amp; BREAD</b> Mushroom ** (V)(VG) Roast Butternut Squash ** (V)(VG) ADD Pumpkin Seeds

Bread is served with all soups (CG). (GF) bread is available on request. You can ADD a topping if required when ordering any Soup – PLEASE ADVISE WHEN ORDERING

MEAT MAIN COURSES	MEAT MAIN COURSES	MEAT MAIN COURSES	MEAT MAIN COURSES	MEAT MAIN COURSES	MEAT MAIN COURSES	MEAT MAIN COURSES
Mustard Glazed Gammon & Gravy (Mu) Chicken Tikka Masala ** (D)(N)	Lamb Moussaka (D) Pork Sausage & Gravy (CG)	Hunters Chicken (D) Beef Chili Con Carne	Turkey Meatballs in a Arrabbiata Sauce Paprika Pork & Mushrooms (So)	Fish Fingers (F)(CG) Steamed Fish with a Herb Crust (F)(GF)	Beef & Vegetable Hotpot Cantonese Pork (So)	Roast Turkey & Gravy Pork Meatloaf (GF)
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Vegetable Chili	Quorn in Black Bean Sauce (CG)	Spring Vegetable Risotto	Gnocchi with a Red Pepper Pesto (CG)(D)	Vegan Pasty (CG)(VG)	Quorn Bolognese (CG)	Ratatouille & Ricotta Bake (D)(V)
MODIFIED MAIN COURSE	MODIFIED MAIN COURSE	MODIFIED MAIN COURSE	MODIFIED MAIN COURSE	MODIFIED MAIN COURSE	MODIFIED MAIN COURSE	MODIFIED MAIN COURSE
Chicken Tikka Masala (D)(N) Vegetable Chili (contains NO pulses) Served with Soft Rice Both dishes are <u>HALAL</u>	Lamb Moussaka (D) (Skinless Aubergine) The above dish is <u>HALAL</u> Skinless Pork Sausages & Gravy (CG)	Hunters Chicken (D) (contains NO bacon) Beef Chili (contains NO pulses) Served with Soft Rice Both dishes are <u>HALAL</u>	Turkey Meatballs in a Arrabbiata Sauce (CG)(D) This dish is <u>HALAL</u>	Steamed Fish (GF) This dish is <u>HALAL</u>	Beef & Vegetable Hotpot This dish is <u>HALAL</u>	Roast Turkey & Gravy (cooked longer) Meatloaf Both dishes are <u>HALAL</u>
CHOICE OF SIDES	CHOICE OF SIDES	CHOICE OF SIDES	CHOICE OF SIDES	CHOICE OF SIDES	CHOICE OF SIDES	CHOICE OF SIDES
Bubble & Squeak (V) Garden Peas ** Mashed Swede ** Coriander Rice (V) Fresh Tomato Salsa (V)	Wilted Spring Greens Mashed Potato ** (D)(E) Steamed Carrots ** Vegetable Chop Suey (V)(VG)	Paprika Potato Wedges Steamed Broccoli ** Steamed Cauliflower ** Sugar Snap Peas Taco Shells (CG) Guacamole ** (VG) Lime Yoghurt (D)	Whole Wheat Penne (CG) Spinach, Pea & Kale Medley ** (VG) Chili & Parsley Courgette ** (VG) Sweetcorn **	Chips ** New Potatoes Mushy Peas ** (VG) Steamed Hispy Cabbage Broccoli **	Swede & Carrot Mash ** (D) Garden Peas ** Whole Wheat Spaghetti & Herb Puree (CG) Vermicelli Noodles (VG)(GF) Stir-fry Vegetables & Beansprouts *VG)	Roast Potatoes Boiled Potatoes ** Tarragon Carrots ** Green Beans Wilted Savoy Cabbage ** Maple Glazed Parsnips **

PLEASE ADVISE WHAT SIDES ARE REQUIRED WHEN ORDEING

SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
Mixed Leaves Tomatoes & Cucumber Roasted Beetroot & Balsamic Dressing (V)(VG) Tofu Rice Noodle Salad (V)(VG)(So) Grated Carrot Toasted Seeds (GF)	Mixed Peppers Carrot Sticks Shredded Iceberg Lettuce New Potato & Crème Fraiche (V)(D) Greek Salad (V)(D) Croutons (CG)	Cherry Tomatoes Mixed Leaves Red Onion Five Bean & Tomatoes (VG) Moroccan Couscous (V)(CG) Crispy Onions (GF)	Baby Gem Lettuce Tomato & Cucumber Guacamole (V) Bombay Potato Salad (V)(D) Mixed Olives Pumpkin Seeds	Watercress & Rocket Tomato & Cucumber Mixed Pea & Bean Salad (VG) Roasted Vegetable & Green Bean Salad (VG) Toasted Seeds	Rocket & Iceberg Tomato & Cucumber Mixed Peppers Tabbouleh (V)(CG)(D) Sliced Radish	Shredded Iceberg Tomato & Cucumber New Potato & Herb Salad (V) Mixed Peppers Feta, Tomato & Olive (V)(D)

A mixture of all salads items will be provided – PLEASE ADVISE WHEN ORDEING IF CERTAIN ITEMS ARE NOT TO BE INCLUDED

DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERTS	DESSERTS
Fruit Salad	Orange Jelly	Cocoa Sponge & Chocolate Custard (CG)(D)	Banana Cheesecake (CG) (D)	Oaty Apple & Berry Crumble with Vanilla Custard (CG)(D)	Watermelon & Strawberries	Lemon & Raspberry Mousse (D)

**ALLERGEN KEY**

(D) Dairy (E) Egg (CG) Contains Gluten (GF) Gluten Free (F) Fish (N) Nuts (C) Celery (Pe) Peanuts (Se) Sesame (L) Lupin (So) Soya (Mu) Mustard (V) Vegetarian (VG) Vegan (CR) Crustaceans (Mo) Mollusc (SuD) Sulphur Dioxide

Items marked by \*\* are available to those with a Modified Diet

WEEK\_1\_of\_4\_TEA\_SUMMER\_TERM\_2021