

LIFT NEWSLETTER

New beginnings

Issue 2 Spring 2021

“A Personalised Independent Travel Training Programme helping young people with special educational needs and disabilities to access transport services”

Spring is here! Which means new beginnings for East Sussex with COVID restrictions finally easing. We have all adapted to changes during these uncertain times; however we can now begin to move forward in a positive and safe way. Our East Sussex LIFT team are excited for this new season and already working with young adults requiring travel training.

SUCCESS IN LOCKDOWN!

The Team have continued working throughout all 3 lockdowns adjusting practical training to individual online sessions. During the last lockdown our team have been able to provide a six session online PowerPoint course to local schools and colleges in group sessions. This training is an introduction to all areas required for safe, sensible travelling including abiding by COVID regulations. We will continue to offer classroom sessions, please contact us for further details.

We will also be including the individual online sessions as well. They offer flexibility and the opportunity to work online prior to the start of the practical travel sessions. After listening to the students and their families the feedback they gave was *‘online at the start really eases anxieties and nerves before going on the buses’* and *‘online was a great way to build trust and meet the travel trainer’*.

Trainers have completed full infection control training and have developed our training sessions and risk assessments to include **hand hygiene**, **face coverings** and **social distancing**.

For further information please contact Debbie Baldwin on 07815 006582 or email on dbaldwin@nationalstar.org or the Referral Form is available on the ESCC website under the schools transport section at:

<https://www.eastsussex.gov.uk/sendtravel>

