

Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch	Sunday Lunch
SOUP & BREAD Roasted Pepper & Tomato ** (VG)(C) Curried Swede & Carrot ** (VG)(C)	SOUP & BREAD Parsnip & Potato ** (VG)(C) Asparagus ** (VG)(C)	SOUP & BREAD Thai Mushroom ** (VG)(C)(Se)(So) Broccoli & Rocket ** (VG)(C)	SOUP & BREAD Split Pea & Ham ** (C) Italian Courgette ** (VG)(C)	SOUP & BREAD Garlic & Beetroot ** (VG)(C) Leek, Sage & White Bean ** (VG)(C)	SOUP & BREAD Turmeric, Ginger & Lentil ** (VG)(C) Watercress & Pea ** (VG)(C)	SOUP & BREAD Spiced Butternut & Lentil ** (VG)(C) Carrot & Leek ** (VG)(C)
Bread is served with all soups (CG). (GF) bread is available on request. You can ADD a topping if required when ordering any Soup – PLEASE ADVISE WHEN ORDERING						
JACKET POTATO with today's choice of fillings Cheese ** (D) Tuna Mayo ** (D)(F) Baked Beans ** (V)	JACKET POTATO with today's choice of fillings Cheese ** (D) Tuna Mayo ** (D)(F) Baked Beans ** (V)	JACKET POTATO with today's choice of fillings Cheese ** (D) Tuna Mayo ** (D)(F) Baked Beans ** (V)	JACKET POTATO with today's choice of fillings Cheese ** (D) Tuna Mayo ** (D)(F) Baked Beans ** (V)	JACKET POTATO with today's choice of fillings Cheese ** (D) Tuna Mayo ** (D)(F) Baked Beans ** (V)	JACKET POTATO with today's choice of fillings Cheese ** (D) Tuna Mayo ** (D)(F) Baked Beans ** (V)	JACKET POTATO with today's choice of fillings Cheese ** (D) Tuna Mayo ** (D)(F) Baked Beans ** (V)
Jacket Potato Fillings can be served separately – PLEASE ADVISE WHEN ORDERING						
SANDWICHES/ WRAPS & PANINIS with today's choice of fillings Cheese ** (D) Ham ** Tuna Mayo ** (D)(F) Egg Mayo ** (D)(E)	SANDWICHES/ WRAPS & PANINIS with today's choice of fillings Cheese ** (D) Ham ** Tuna & Sweetcorn ** (F) Egg Salad ** (E)	SANDWICHES/ WRAPS & PANINIS with today's choice of fillings Cheese ** (D) Ham ** Tuna & Cucumber (D)(F) Bacon & Egg ** (E)	SANDWICHES/ WRAPS & PANINIS with today's choice of fillings Cheese ** (D) Ham ** Chicken & Bacon ** (D) Egg & Watercress (E)	SANDWICHES/ WRAPS & PANINIS with today's choice of fillings Cheese ** (D) Ham ** Tuna & Crème Fraiche (D)(F) Sausage & Tomato Relish (CG)	SANDWICHES/ WRAPS & PANINIS with today's choice of fillings Cheese ** (D) Ham ** Tuna Mayo ** (D)(F)	SANDWICHES/ WRAPS & PANINIS with today's choice of fillings Cheese ** (D) Ham ** Tuna Mayo ** (D)(F)
Sandwiches/ Wraps & Paninis (CG). (GF) Sandwiches/ Wraps available on request – PLEASE ADVISE WHEN ORDERING						
SALAD BAR Tomato Cucumber Shredded Iceberg Lettuce Grated Carrot New Potato & Crème Fraiche Charred Haloumi Toasted Seeds Mozzarella & Tomato (D)(V) Egg (E) Smoked Mackerel (F) House Dressing (Mu)(VG)	SALAD BAR Mixed Peppers Carrot Sticks Watercress & Rocket Roasted Beetroot & Red Onion Greek Salad (V)(D) Hummus ** (Se)(VG) Croutons (CG)(VG) Tofu Rice Noodle Salad (V)(D) Chicken & Pesto ** (N) Crispy Bacon Roast Beef Herb & Crème Fraiche Dressing (D)(V)	SALAD BAR Cherry Tomatoes Red Onion Baby Mixed Leaves 5 Bean & Tomato Salad (VG) Moroccan Cous Cous (VG)(CG) Sweet Chili Noodles (V)(CG) Crispy Onions (CG)(VG) House Coleslaw (D)(V) Savory Granola (VG)(N) Balsamic Dressing (VG)	SALAD BAR Tomato Cucumber & Dill Ribbons Baby Gem Lettuce Guacamole ** (VG) Bombay Potato Salad (V)(D) Goats Cheese & Pinenuts (V)(D) Broccoli Slaw (V)(D) Mixed Olives (VG) Sliced Ham Pumpkin Seeds Sweet Chili Dressing (VG)	SALAD BAR Tomato Cucumber Watercress & Rocket Grated Carrot Mixed Pea & Bean Salad (VG) Roasted Vegetables & Green Bean Salad (VG) Red Onion Toasted Seeds (GF) Red Pesto & Penne Pasta (CG)(N) Chicken & Bacon House Dressing (Mu)(VG)	SALAD BAR Tomato Cucumber Mixed Baby Leaves Grated Carrot Mixed Peppers Sliced Radish Tabbouleh (VG)(CG) Garlic Croutons (CG)(VG) Egg Mayo (D)(E) Caesar Dressing (V)(D)	SALAD BAR New Potatoes & Herbs (VG) Shredded Iceberg Sliced Peppers Cherry Tomatoes Roast Butternut Squash & Herbs (VG) Toasted Seeds (GF) Feta, Tomato & Olives (V)(D) Hard Boiled Egg (E) Sliced Turkey Herb Vinaigrette (VG)
A mixture of all salads items will be provided – PLEASE ADVISE WHEN ORDERING IF CERTAIN ITEMS ARE NOT TO BE INCLUDED						
SUPERFOOD SMOOTHIES FOR MODIFIED DIETS (suitable for ISDDI 4 & 5) Brunch Smoothie ** (V)(VG) Blueberry & Oats Superfood Seasonal Green Smoothie ** (V)(VG) Ingredients will change daily	SUPERFOOD SMOOTHIES FOR MODIFIED DIETS (suitable for ISDDI 4 & 5) Brunch Smoothie ** (V)(VG) Blueberry & Oats Superfood Seasonal Green Smoothie ** (V)(VG) Ingredients will change daily	SUPERFOOD SMOOTHIES FOR MODIFIED DIETS (suitable for ISDDI 4 & 5) Brunch Smoothie ** (V)(VG) Blueberry & Oats Superfood Seasonal Green Smoothie ** (V)(VG) Ingredients will change daily	SUPERFOOD SMOOTHIES FOR MODIFIED DIETS (suitable for ISDDI 4 & 5) Brunch Smoothie ** (V)(VG) Blueberry & Oats Superfood Seasonal Green Smoothie ** (V)(VG) Ingredients will change daily	SUPERFOOD SMOOTHIES FOR MODIFIED DIETS (suitable for ISDDI 4 & 5) Brunch Smoothie ** (V)(VG) Blueberry & Oats Superfood Seasonal Green Smoothie ** (V)(VG) Ingredients will change daily	SUPERFOOD SMOOTHIES FOR MODIFIED DIETS (suitable for ISDDI 4 & 5) Brunch Smoothie ** (V)(VG) Blueberry & Oats Superfood Seasonal Green Smoothie ** (V)(VG) Ingredients will change daily	SUPERFOOD SMOOTHIES FOR MODIFIED DIETS (suitable for ISDDI 4 & 5) Brunch Smoothie ** (V)(VG) Blueberry & Oats Superfood Seasonal Green Smoothie ** (V)(VG) Ingredients will change daily
Fruit & Yogurts available	Fruit & Yogurts available	Fruit & Yogurts available	Fruit & Yogurts available	Fruit & Yogurts available	Fruit & Yogurts available	Fruit & Yogurts available
ALLERGEN KEY (D) Dairy (E) Egg (CG) Contains Gluten (GF) Gluten Free (F) Fish (N) Nuts (C) Celery (Pe) Peanuts (Se) Sesame (L) Lupin (So) Soya (Mu) Mustard (V) Vegetarian (VG) Vegan (CR) Crustaceans (Mo) Mollusc (SuD) Sulphur Dioxide						
Items marked by ** are available to those with a Modified Diet WEEK 4 of 4 LUNCH SUMMER TERM 2021						