



National Star

Realising the aspirations
of people with disabilities

Stay with us

For a fun and relaxing short break
(Respite)

National Star offers fun, exciting respite holiday breaks for adults with disabilities aged 18 – 35 years old in Gloucestershire.

We will assess your needs before you decide to stay with us so that you are fully supported by our experienced team of care and support workers and nurses. We'll develop a plan of care for your stay and you'll be able to choose what activities you wish to take part in during your time with us.

Typical activities include:

- Arts and Crafts
- Cookery sessions
- Tenpin bowling
- Nature walks and picnics
- Cinema visits* and movie nights
- Swimming
- Indoor and outdoor fitness sessions
- Day trips* to attractions such as West Midlands Safari Park, Cotswold Farm Park and Weston-super-Mare

*Additional costs apply.



Our accommodation

Respite guests have their own spacious ensuite room in homely bungalow-style accommodation with access to a large fully accessible kitchen and sociable lounge area.

We offer respite at **Bradbury Gardens in Cheltenham** which is within easy walking distance of Pittville Park and Cheltenham town centre as well as at our 84-acre **Ullenwood campus**. We make every effort to ensure guests stay with people like them.

Costs for respite are on a per night basis and include all meals and bedding. Most guests secure funding from their local authority but some people self-fund their stay. An assessment of need per guest (fee payable) will be required in advance to ensure everyone staying with us has the right care and support package in place so that they can relax and have fun.

Places are allocated to people with funding according to room availability and personal need.

When can you stay with us?


Respite holiday breaks are offered during October half-term, Christmas college holidays, February half-term, Easter college holidays, May half-term and the summer college holidays.



“He is completely happy. Respite has given us, as parents, the confidence to book a short break abroad. It is the first time we have been abroad on our own since our honeymoon.”

D's parents



Discover more and book your stay with us today. 

Contact the Respite Holiday Breaks team email respite@nationalstar.org



SCAN ME



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Inspected and rated

Outstanding 

